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Course Title: ***Neck, Back & Beyond: Preventing Pain for Peak Productivity***

CE Credits: 3.0

Recommended for dental students & faculty

This research-based seminar introduces the etiology of common pain syndromes in dentistry and offers effective interventions. Learn how to properly position patients for various arches and quadrants; correctly select and adjust delivery systems, loupes, stools and chairs; implement proper body mechanics in the operatory to prevent neck, back, shoulder and hand pain.

It is imperative that faculty members attend both lecture and practicum, for consistency in student's training.

Prerequisite for *Positioning for Success in Dentistry Lab*

Course Title: *Positioning for Success in Dentistry Lab*

CE Credits : 1.5

Recommended for 3rd and 4th year dental students and faculty. Faculty must attend lecture and will assist in supervising lab practicums.

In this hands-on practicum, students will practice the positioning and equipment adjustment concepts introduced in lecture. A sequence for positioning the patient, chair and light will be introduced with sample exercises for various tooth surfaces. Use of patient positioning aids, different stool types, and armrest adjustment will be introduced. Students should bring their magnification loupes and one set of instruments.

Requirements: 20 patient chairs. Students will team up in pairs and role-play the patient for each other. Four 30-minute practicums (40 students each practicum) to accommodate both 3rd and 4th year classes.

Prerequisite : *Neck, Back & Beyond lecture*